



# Family carers



**Are you caring for a relative?**

**We're here to help.**

SPITEX BERN employs suitably trained family carers directly through an employment contract and provides both social insurance contributions and insurance. We know that family carers have to deal with unique challenges. You not only have the emotional stress and worry that comes with caring for a loved one, but also of having to take care of life's everyday chores and activities.

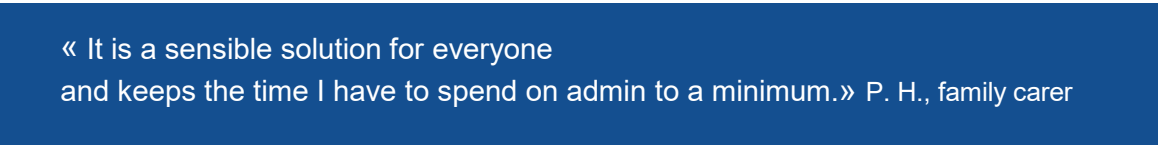
All this often makes balancing a (full-time) job away from home with your duties as a carer a mammoth task. SPITEX BERN will employ you to perform those care-based duties that can be claimed for through health insurance.






## What we offer

- ✓ SPITEX BERN gives you an employment contract for your duties as a carer, meaning you are employed with all of the usual employment benefits (standard insurance cover and social insurance contributions).
- ✓ SPITEX BERN offers thorough guidance, training and support from your first day with us. Your supervisor, an expert in caregiving, regularly checks the quality of the care you provide and will always be your first point of call.
- ✓ SPITEX BERN advises you on administrative issues, including (but not limited to) how to apply for supplementary benefits and attendance allowance or settle invoices from health insurance providers.
- ✓ SPITEX BERN provides a wide array of specialised services and employs highly qualified care practitioners in each respective field. We give you direct access to this accumulated expertise and ensure that you never have to face your worries alone.
- ✓ SPITEX BERN will step in to care for your loved one if you ever need (or feel the need) to be away for a couple of days – and we'll do so with our usual professionalism and respect.



« It is a sensible solution for everyone  
and keeps the time I have to spend on admin to a minimum.» P. H., family carer



## How you benefit

- ✓ Reduced (financial) pressure – you are remunerated for your duties as a family carer.
- ✓ You remain your loved one's primary caregiver.
- ✓ Our offer is also open to family carers at retirement age.
- ✓ No language barrier – you speak the same language.
- ✓ You'll never be left on your own – our experts will support you every step of the way.
- ✓ You'll have direct access to SPITEX BERN's wide array of specialised services.

Please don't hesitate to contact us for more information, with no strings attached.

**Call 031 388 50 50 or visit [info@spitex-bern.ch](mailto:info@spitex-bern.ch)**



SPITEX BERN – Everywhere for everyone